



Youville Centre *News*

Fall/Winter 2006



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The Youville Centre is
an innovative centre that

***motivates,
educates
& nurtures***

*young parents and their
children to become
self-sufficient contributing
members of society.*

Help Make Christmas Bright for a Youville Mother and her child...

Join us for

An Evening of Christmas Music

In support of the Youville Centre

Featuring

Brianne Luckasavitch & Tommy Martel

Cumberland Community Singers

Cathy Goddard

Cross Town Youth Chorus

Harmonia Choir of Ottawa

and Atlantic Voices

Friday, December 8th, 2006

7:00pm - 9:00pm

at the Youville Centre, 150 Mann Avenue, Ottawa

Admission \$15 per person, Children under 12 Free

Tickets may be purchased by calling 613-231-5150 Ext. 128 or 104

Did you know that...?

2007 marks the 20th Anniversary of Youville Centre. Watch our web-site **www.youvillecentre.org** for information about a series of events planned to mark this special year.

You can donate all or part of your HBC rewards to Youville Centre! Simply complete a "Supporting Member Donation" form at any Zellers, Home Outfitters or Bay location. Our **new** Public ID **number** is **2787597**. Your old **Club Z points** donations can be changed too.



Alumnae News

Last year's Community Resources Evening was such a huge success that we have decided to make it an annual event. This year we're calling it a "Come 'n See Evening" and it's scheduled for Thursday, November 30 from 4:00 - 6:00 p.m. Alumnae are invited to bring along their children. We'll have childcare, the opportunity to share a light supper with your children and a number of information booths (such as Health Unit, Mary Kay, Public Library) to provide information, resources and freebies as you visit them. To register please contact Jenny at 613-231-5150 ext. 104. Book ahead for limited childcare spaces.

Former Students Offer Support at Christmas

Former students have called to offer Christmas support to families, alumnae or current students, in the form of Christmas dinner or small gifts. Any alumnae who wish to participate, or any student who requires assistance, is asked to contact Caterina at 231-5150 ext. 107.

Alumnae Dates to Remember

Moms' Night Out Come 'n See Evening

November 30, 2006

4:00 - 6:00 p.m.

20th Anniversary event

To be announced

Graduate/ Alumnae Picnic

June 21, 2007

4:00 - 6:30 p.m.

Roots of Empathy

On Thursday, October 5, 2006 Youville Centre was pleased to host a reception in honor of **Mary Gordon**, who created the highly successful **Roots of Empathy** program. Mary was in Ottawa to receive the Order of Canada at Rideau Hall for her ground-breaking work to reduce anti-social behaviour in children.

Roots of Empathy, her highly successful organization, creates a rich, rewarding classroom experience that fosters empathy within children. The program brings babies and students together in a symbiotic loving environment that has been proven to reduce aggression and increase tolerance and emotional understanding in children.

Present at the gathering were five of the original ten instructors in Ottawa, one of whom is our Youville Program Coordinator, **Caterina**

Pace. Caterina has conducted *Roots of Empathy* classes for grade 7 and 8 students at Glashan P.S. for the past 5 years. **Lynn Graham**, Chair of the Ottawa District School Board welcomed Mary's friends. **Chris Dodge** and **Shirley Westeinde** spoke on behalf of the Ottawa Roots of Empathy Steering Committee. Congratulations to everyone involved in this worthwhile project!

Original Ottawa instructors L-R Caterina Pace, Eileen Webster, Nanci Burns, Mary Gordon, Nancy Rubenstein, Sylvia Armstrong



We Couldn't Have Done it Without

You

The generous support of the community makes many of our programs and services at Youville possible. We would like to thank the following people and organizations for their generous support:

Bon Appetit Ottawa and the local hospitality industry for a generous donation to support food-related initiatives for our young mothers.

Steve Georgopoulos and **Les Suites Hotel** for tickets to the Ottawa 67's hockey games on Family Night and for passes to the recent Shriner Circus at St. Laurent.

Max Keeping at **CTV Ottawa** for a dozen passes to the premiere of *The Ant Bully*.

Pilot Insurance for including Youville as a charity recipient at their Auction event at Cedarhill Golf Club.

A private donor, who wishes to remain anonymous, for funding to support our lunch program, student transportation costs, and bursaries for graduating students.

The **grade 7 and 8 Students and Student Council** at **Sir Winston Churchill School** for monies raised through a loonie drive. Thanks to educator **Melissa McDonald** for inviting us to a Student Assembly and cheque presentation. Kudos to everyone at SWC!

Canada Post for a gift of 48 Canada Post bears for our infants and toddlers.

United Way Day of Caring volunteers who performed miracles on our sand-box play area with a roto-tiller!



Margot Arsenault and Jackie Lortie of Pilot Insurance presenting a cheque to Judith Sarginson with Marta Nuijten, Fundraiser, in attendance



Upcoming Events

Christmas Benefit Concert

December 8, 2006
7:00 p.m.
at Youville Centre

Mother's Day Auction Dinner

May 10, 2007
at Tudor Hall

20th Anniversary Graduation

June 7, 2007

Shepherd's Fashion Show

Fall 2007

Other 20th Anniversary events TBA

Watch for details!
Contact Susan at ext. 110
if you'd like to help.

Nine & Dine Golf Event

"The skies cleared, the golfing was great and the dinner was fabulous."

This definitely sums up the first-ever Youville Centre "Nine & Dine" golf tournament held on Tuesday, September 19th at the **Pineview Municipal Golf Course** on Blair Road. Eighteen golfers navigated the water hazards and sand traps of the front nine and then gathered inside joining another fourteen friends of Youville for the Grilled Cranberry Chicken dinner.

We would like to thank our media sponsor **THE STAR** and its publisher **Mr. Terry Tyo** for generously supporting this event.

Congratulations to:

The winning foursome of **Retah Jennings-Lalonde, Dennis Lalonde, Judy and Marc Chiasson**; Ladies Longest Drive & Ladies Closest to the Pin winner, **Ainslie Kuryliw**; Men's Longest Drive winner, **Dennis Lalonde**. For some reason we didn't have a claimant for the Men's Closest to the Pin - maybe next year, eh guys!

Very special thanks go to **Wilda Phillips** and **Gerry Larkin** for all their hard work in making our first "Nine & Dine" golf tournament a wonderful success. We look forward to seeing friends of Youville at our next "Nine & Dine" tournament in 2007.

AGM 2006

Youville was fortunate to have **Deputy Chief Sue O'Sullivan**, Ottawa Police Service, as guest speaker at our Annual General Meeting in September. Sue spoke about the role of agencies like Youville in crime prevention. She related statistics and costs associated with criminal activity and its consequences. Crime prevention is important especially for persons in the age range of our clientele. Programs and services offered to the students at Youville make us partners in crime prevention assisting our young families and the community at large. These programs include: anti-bullying, addiction awareness, parenting, personal safety, goal-setting, smoking cessation, healthy lifestyles, and anger/stress management.



Youville Centre *News*

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Charitable Registration
#11884 8456 RR 0001

Hours

Monday to Friday

8:30am - 4:30pm

To be removed from the mailing list, please call 231-5150 x.104 or send an e-mail to remove@youvillecentre.org

Youville Centre Support

Yes, I/We wish to support The Youville Centre, an innovative centre that motivates, educates and nurtures young parents and their children to become contributing members of society.

Name _____

Address _____

Telephone _____

I/We wish to contribute \$ _____ per month, commencing _____.

I/We wish to contribute \$ _____ at this time.

Payment to be made by: Cheque Visa MC Amex

Card# _____ Expiry _____

Signature _____

We also accept donations online at www.youvillecentre.org



MERRY CHRISTMAS! HAPPY NEW YEAR!

From the Children, Parents, Staff & Board of Directors of The Youville Centre. Thank you for your support!